

REFLEX

BAR BREWERY DINING

FOOD MENU

Savour the Flavours at Reflex Bar, Brewery & Dining!

Indulge in a culinary journey with our carefully crafted menu, featuring a delightful mix of global favourites and local delicacies. From mouth-watering appetizers to hearty mains and decadent desserts, each dish is designed to complement our signature craft beers and creative cocktails. Whether you're here for a casual bite or a gourmet experience, Reflex offers something for every palate.

SIZZLER HEALTHY

• VEG SIZZLER

Cottage Cheese Stuffed With Ratatouille, Herbed Rice, Saute Vegetables & Potato Wedges Served With Pesto Sauce

₹899

• CHICKEN SIZZLER

Marinated Chicken Breast, Herbed Rice, Saute Vegetables & Potato Wedges Served With Black Pepper Sauce

₹1099



HERITAGE GRILL

• CHICKEN ADANA KEBAB

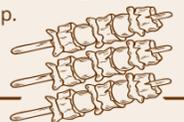
Minced Chicken, King Chilli, Sweet Peppers, Sumac-Onion Pickle, Fresh Vegetable House Salad & Pita Bread

₹699

• JUJEH KEBAB

Chicken Breast Cubes Marinated With Saffron Hung Curd And Thyme, Served With Lemon Dip.

₹699



CHEF'S FUSION DELIGHTS NEW MUST TRY

• CHARRED VEG MOMOS & SPICED CHEDDAR CHEESE SAUCE

₹549

Experience A Sublime East-meets-west Delight: Plump Dumplings Packed With Spiced Vegetables, Soaked In A Tangy Yoghurt And Masala Marinade, Then Roasted To Smoky Perfection In A Traditional Tandoor. Accompanied By A Luxuriously Creamy Cheese Sauce—a Silky Blend Of Melted Cheeses, Aromatic Herbs And Vibrant Spices—for An Indulgent Dip With Every Bite.

• CHARRED TANDOORI PINEAPPLE WITH KALONJI-TOMATO GLAZE

₹549

A Flavour-packed Fusion: Smoky, Tandoori-grilled Pineapple Charred To Perfection, Paired With A Piquant Tomato Sauce Studded With Kalonji Seeds—sweet And Savoury In Perfect Harmony.

• PESTO-CRUSTED CHEESE POPPERS

₹599

Crisp, Golden Cheese Balls With A Molten, Goopy Centre, Served Alongside A Vibrant, Herbaceous Basil Pesto Sauce For An Irresistible Contrast Of Textures And Flavours.

• PARMESAN-GLAZED CHICKEN TIKKA

₹699

Succulent Boneless Chicken Pieces Soaked In A Creamy Cheese Marinade, Char-grilled In The Tandoor To A Golden, Smoky Finish. Each Piece Is Cloaked In A Crisp Parmesan Crust And Scattered With Fresh Herbs For An Aromatic, Flavour-packed Finish.

• CHARRED CHICKEN MOMOS WITH SILKY CHEESE DRIZZLE

₹699

A Flavour-packed Fusion: Tender Chicken Momos Marinated In Creamy Yoghurt And A Medley Of Indian Spices, Then Char-roasted In A Tandoor For Smoky Perfection. Served With A Velvety Cheese Mix Sauce—melted Cheeses, Fragrant Herbs And Warming Spices—for The Ultimate Indulgent Dip.

• BUTTER CHICKEN LASAGNA

₹749

A Sumptuous Fusion Creation, Our Butter Chicken Lasagne Stacks Tender Chicken Simmered In A Rich, Buttery Tomato Sauce Infused With Classic Indian Spices Between Silky Lasagne Sheets. Crowned With Bubbling Mozzarella, Each Mouthful Delivers A Harmonious Balance Of Creamy Comfort And Warming Flavour.

OUR SIGNATURES

• CRISPY TART CHAAT CHEF'S SPECIAL

₹399

Chef's Special Home Made Tart Stuffed With Papdi, Sev And Complimented With Tangy Ginger Salsa, Saunth & Mint Chutney

• MANCHURIAN PAPDI CHAAT (INDO CHINESE)

₹399

A Unique Fusion Of Manchurian Chaat To Tantalize Your Taste Buds

• PITA WITH PANEER KI CHUTNEY

₹399

Deliciousness Alert! Pita Bread Served With Chutney And Perfectly Cooked Crushed Paneer

• THREE CHEESE FILO ROLL

₹449

Craving For Something Crunchy & Goopy, Here Is Your Cheesy Solution

• CHICKEN TART CHEF'S SPECIAL

₹499

Home Made Crispy Tart Loaded With Chicken Chunks

• PITA WITH GOSHT KI CHUTNEY

₹579

Deliciousness Alert! Pita Bread Served With Chutney And Perfectly Cooked Chunk of Gosht

• DYNAMITE PRAWNS

₹699

Fried Prawns with Sriracha Chilli Mayo

• FISH PATURI

₹749

Sole Fish Marinated With Bengali Style Curry Spice Wrapped in Banana leaf and Steamed to Its Perfection!

TAWA SPECIAL



• CHICKEN KHURCHAN MUST TRY

₹699

Chunks Of Chicken Cooked with Indian Spices

• GHEE ROAST MUTTON CHEF'S SPECIAL

₹899

Tawa Style Mutton Boti, Cooked With Indian Spices and Thick Onion Gravy

SUSHI

• FARMER'S MARKET SUSHI MUST TRY

₹695

Japanese Silken Tofu, Nori Sheet, Avocado, Cucumber Tempura Crunch, Microgreens Soya Wasabi, Ginger Pickle.

• DRAGON MAKI CHEF'S SPECIAL

₹795

Sushi Rice Rolled With Fried Shrimps & Avocado, Topped With Sliced Avocado.

OPEN BAO

• PANEER CHILLI BAO

₹449

Combines The Soft, Fluffy Texture Of Bao Buns With The Spicy And Tangy Flavour Of Paneer Chilli.

• CRISPY CHICKEN BAO

₹549

Fried Chicken Chunks Stuffed & Served With Tangy Sauce.

BEER BUDDIES - DRINK WITH ME!

• CHICKPEAS CHAAT

₹399

• BUTTER POPCORN

₹299

• GARLIC CHEESE BREAD

₹399

• POTATO WEDGES/ FRENCH FRIES

₹349

• ONION RINGS WITH GINGER SALSA

₹349

• PEANUT MASALA

₹399

• CRISPY CHEESY MOZZARELLA STICKS

₹479

• AVOCADO TOAST

₹549

• ASSORTED FRIES BASKET

₹599

• FISH & CHIPS

₹749

• CLASSIC FISH FINGERS

₹799



OUR SIGNATURE CRYSTAL DIM SUM

• CANTONESE VEG PURPLE SKIN MUST TRY

₹449

Stuffed With Finely Chopped Green Beans, Water Chestnut, Carrots & Broccoli

• ASPARAGUS CHILLI OIL SPINACH SKIN

₹449

Stuffed With Finely Chopped Asparagus & Button Mushrooms with Chilli Oil

• CHICKEN CHILLI OIL MUST TRY

₹499

Stuffed With Finely Minced Chicken with Coriander and Spring Onions

• SHANGHAI CHICKEN

₹499

Stuffed With Finely Minced Chicken with Red & Green Onions, Celery & Leeks

• PRAWN HARGAO CHEF'S SPECIAL

₹599

Stuffed With Finely Minced Prawns with Water Chestnut, Bamboo Shoots



A 10% Staff Contribution Is Automatically Added To Your Bill To Ensure Fair Compensation For All Our Dedicated Restaurant Staff. This Allows Us To Provide Exceptional Service And Maintain A Harmonious Work Environment. We Appreciate Your Support And Understanding.

*All Government Taxes Are Applicable.

FROM THE CLAY-OVEN/FRYER

- DAHI KE KEBAB** ₹549
 Fried Patty With Hung Curd & Cheese, Served With Kasundi Onion & Mint Chutney
- PESHAWARI PANEER TIKKA** ₹549
 Stuffed Paneer With Asparagus Cheese & Mushroom Served With Mint Chutney
- CORN SPINACH KURKURA** ₹549
 Sweet Corn, Spinach & Cheese Crumbed With Corn Flakes & Fried
- AWADHI SOYA CHAAP** **MAIDA FREE** ₹579
 Tandoor Roasted Cheese Stuffed Soya Chaap Marinated with Indian Spices.
- CHAR GRILLED PANEER TIKKA** ₹599
 Marinated Tandoori Paneer Served With Kasundi Onion & Mint Chutney
- BEETROOT AUR SUBZ KI SEEKH** ₹599
 Assorted Vegetables & Beetroot Ki Seekh Served With Kasundi Onion & Mint Chutney
- TANDOORI MALAI BROCCOLI** ₹599
 Tandoori Broccoli Marinated With Fresh Cream & Indian Spices. Served With Kasundi Onion & Mint Chutney
- JIMIKAND KI GALOUTI** **MUST TRY** ₹599
 Chef's Special ! Delicious Minced Jimikand Packed With Flavours
- TANDOORI CHEESE MUSHROOM** ₹599
 Marinated Tandoori Mushroom With Cheese,Served With Kasundi Onion & Mint Chutney
- VEG KEBAB PLATTER** **MUST TRY** ₹999
 An Assortment Of Paneer Tikka, Malai Broccoli, Dahi Ke Kebab & Beetroot Aur Subz Ki Seekh Served With Kasundi Onion & Mint Chutney
- BHATTI KA MURGH** **CHEF'S SPECIAL** ₹649
 Tandoori Boneless Chicken Marinated With Burnt Garlic & Onion. Served With Kasundi Onion & Mint Chutney
- MURGH MALAI TIKKA** ₹649
 Tandoori Boneless Chicken Marinated With Cashew, Cheese & Cream. Served With Kasundi Onion & Mint Chutney
- LEMONGRASS CHICKEN TIKKA WITH TWIST** **MUST TRY** ₹649
 Boneless Chicken Tandoori Marinated in Lemongrass and Indian Spices
- CHICKEN TIKKA** ₹649
 Tandoori Boneless Chicken Marinated & Flavoured With Indian Spices. Served With Kasundi Onion & Mint Chutney
- TANDOORI CHICKEN** ₹649
 Tandoori Chicken Marinated With Traditional Indian Spices & Curd. Served With Kasundi Onion & Mint Chutney
- TANGDI KEBAB** ₹649
 Tandoori Chicken Drumsticks Marinated Deep Into Flesh With Traditional Indian Spices & Curd. Served With Kasundi Onion & Mint Chutney
- MUTTON SEEKH KEBAB** ₹679
 Minced Mutton On Skewers, Baked In Clay Oven With Perfect Blend Of Spices. Served With Kasundi Onion & Mint Chutney
- KASUNDI FISH TIKKA** ₹899
 Tandoori Boneless Fish Marinated & Flavoured With Kasundi Mustard. Served With Kasundi Onion & Mint Chutney
- NON-VEG KEBAB PLATTER** **MUST TRY** ₹1199
 An Assortment of Fish Tikka, Chicken Tikka, Malai Tikka & Mutton Seekh Kebab, Served With Kasundi Onion & Mint Chutney



ORIENTAL



VEGETARIAN

- STIR FRIED GREEN VEGETABLES** ₹449
 Assorted Vegetables Tossed With Salt, Pepper, Garlic & Spring Onion
- SWEET CHILLI SESAME POTATO** ₹449
 All Time Favorite Sesame Sweet Chilli Wok Tossed Potato
- PANEER CHILLI SCHEZWAN** ₹479
 Stir Fried Cottage Cheese Tossed In Spicy Chilli Sauce
- CHILLI BASIL TOFU** ₹479
 Basil Flavoured Tofu Tossed with Schezwan Chilli
- CRISPY CHILLI MUSHROOM** ₹479
 Crispy Mushrooms Tossed in Spicy Chilli Garlic Sauce
- THAI STYLE SPRING ROLLS** ₹479
 Stuffed With Finely Chopped Vegetables, Green Onion & Shiitake Mushrooms
- BATTER FRIED CRISPY CORN** ₹449
 Corn Fritters Tossed With Chilli & Bell-Peppers

CHICKEN

- SCHEZWAN CHICKEN** ₹499
 Tender Diced Chicken Sauté With Snow Pea-Pods, Sliced Carrots, Red Onions, Baby Corn & Water Chestnuts
- CHILLI CHICKEN** ₹499
 All Time Favourite!
- SLICED GARLIC CHICKEN** ₹499
 Sliced Chicken Tossed With Dry Chilli & Spring Onion
- SPICY & SAUCY CHICKEN DRUMSTICK** **SPICY** ₹579
 Indo-Chinese Chicken Lollipops Tossed With Bell-pepper & Chilli Schezwan Sauce
- DYNAMITE CHICKEN WINGS** ₹579
 Super Spicy Chicken Wings, Make Sure You Have A Beer Mug In Front Of You Before You Order This!!
- SMOKEY WOK TOSSED RED PEPPER CHICKEN** ₹579
 Stir Fried Chicken Smoked With Whole Garlic, Red Chilli And Garlic Sauce

FISH

- FISH IN GINGER & SCALLION SAUCE** **MUST TRY** ₹699
 Stir Fried Tender Fish Fillet Tossed With Ginger And Scallion Sauce. A Simple But Elegant Dish.
- CHILLI GARLIC FISH** ₹799
 Fish Tossed With Chilli Garlic Schezwan Sauce. All Time Favorite!
- BUTTER GARLIC PRAWNS** ₹799
 Tossed With Butter Garlic Sauce. All Time Favorite!
- CHILLI GARLIC PRAWNS** ₹799
 Prawns Tossed With Chilli Garlic Schezwan Sauce. All Time Favorite!

ORIENTAL COMBO

- SCHEZWAN TOFU EXOTIC GREENS BASIL CHILLIS / HOT GARLIC** ₹599
 Served with Jasmine Rice /Fried Rice /Udon /Hakka Noodles
- EXOTIC CHINESE GREENS IN HOT GARLIC/ SCHEZWAN SAUCE** ₹599
 Served with Jasmine Rice /Fried Rice /Udon /Hakka Noodles
- THAI CURRY- RED / GREEN / VEG** ₹599
 Curries Rich in Flavour Made From Curry Paste, Coconut Milk, Thai Ginger, Lemon Grass, Served with Steamed Rice
- CHICKEN BLACK BEAN / BLACK PEPPER CRUSH / HOT GARLIC SAUCE** ₹649
 Served with Jasmine Rice /Fried Rice /Udon /Hakka Noodles
- THAI CURRY- RED / GREEN / CHICKEN** ₹699
 Curries Rich in Flavour Made From Curry Paste, Coconut Milk, Thai Ginger, Lemon Grass, Served with Steamed Rice
- FISH IN LEMON SAUCE/ CHILLI GARLIC** ₹749
 Served with Jasmine Rice /Fried Rice /Udon /Hakka Noodles
- PRAWN BLACK PEPPER SAUCE** ₹779
 Served with Jasmine Rice /Fried Rice /Udon /Hakka Noodles

LEBANESE & MEXICAN

QUESADILLAS

Pita Bread Rolled With Tomatoes Lettuce & Onion. Served With Hummus, Tzatziki & Lebanese Pickles

- **VEG** ₹599
Pan Seared Tortilla Wrap, Stuffed With Beans & Vegetables. Served With Sour Cream & Salsa.
- **CHICKEN** ₹679
Pan Seared Tortilla Wrap, Stuffed With Beans, Vegetables & Chicken. Served With Sour Cream & Salsa.

LOADED CHEESY NACHOS

Classic Mexican Cheesy Nachos Loaded With Cheese, Kidney Beans & Pico De Galo. Topped With Guacamole, Sour Cream & Tomato Salsa

- **VEG** ₹479
- **CHICKEN** ₹549
- **MEDITERRANEAN VEG PLATTER** ₹699
Three Flavoured Pita Bread Served With Tahini Hummus, Avocado Hummus, Peri Peri Hummus, Arabic Pickle, Olive Tapenade & Home Made Lavas
- **HUMMUS & PITA** ₹399
Pita Bread Served With A Combination of Hummus, Tzatziki Dip & Lebanese Pickle
- **FALAFEL** ₹429
Pita Bread Served With Deep Fried Chick Pea Patty, Hummus, Tzatziki Dip & Lebanese Pickle
- **VEG. MEZZE PLATTER** ₹999
Served With Falafel, Sumac Paneer, Cheese Fatayer, Hummus, Baba Ganoush, Tzatziki, Muhammara, Pita Two Way And Pickle
- **LEBANESE CHICKEN SKEWER** ₹549
Tender Cubes of Chicken Marinated With Spices Served Hot With Garlic Laban Dip
- **NON VEG MEZZE PLATTER** ₹1249
Served With Shish Taouk, Grill Juicy Chicken Patty & Lamb Patty, Hummus, Baba Ganoush, Tzatziki, Muhammara, Pita Two Way And Pickle



THIN CRUST PIZZA - PIE 12 INCH

- **CLASSIC MARGHERITA** ₹699
Mozzarella And Sun-Dried Tomatoes With Bocconcini Slices, Topped With Fresh Basil
- **EXOTIC VEGGIE** ₹699
Onion, Bell Pepper, Mushroom & Broccoli
- **AMERICAN VEGGIE** ₹699
Black Olive, Golden Corn, Jalapeno & Broccoli
- **SPINACH AND RICOTTA** ₹699
Burnt Garlic Ricotta Spinach
- **PANEER TIKKA** ₹699
Diced Paneer Tikka & Extra Cheese
- **PEPPERONI PIZZA** ₹799
Pork Pepperoni & Extra Cheese
- **SPICY CHICKEN** ₹799
Spicy Chicken, Golden Corn & Chilli
- **MEDITERRANEAN** ₹799
Succulent Grilled Chicken, Onion & Black Olive
- **CHICKEN TIKKA** ₹799
Diced Chicken Tikka & Cheese



SALADS

- **GREEN SALAD** ₹349
- **LETS GO GREEK** ₹449
Tomato, Onion, Bell Pepper, Cucumber Tossed In Lemon Vinaigrette Topped With Feta Cheese
- **INSALATA DI CAESAR, VEG/CHICKEN** ₹449/499
Traditional Caesar Salad with Mayonnaise, Parmesan Cheese & Artichokes



SLIDERS & BURGERS

- **CHEESY PANEER PAV BHAJI SLIDER** ₹549
For Modern Twist on The Classic Pav Bhaji, These Cheesy Sliders Are the Way to Go
- **AMERICAN FRIED CHICKEN BURGER** ₹599
Bed of Lettuce, Fried Chunks of Chicken, Topped With Mayonnaise, Served With Coleslaw Salad & Fries



EUROPEAN MAIN

- **GRILLED VEGETABLE** ₹579
Cajun Spiced Grilled Vegetables Served With Pan Grilled Pitta Bites
- **ROSEMARY GRILLED CHICKEN WITH MUSHROOM SAUCE** ₹699
Marinated Chicken Breast In Red Wine & Herbs. Served With Burnt Garlic, Parsley Rice & Mushroom Sauce
- **THYME GRILLED FISH** ₹899
Grilled River Sole Fish Fillet With Truffle Mashed Potato Served With Button Mushroom & Parmesan Cheese / Lemon Butter Sauce
- **GRILLED PRAWN** ₹899
Prawn Marinated With Thyme, Olive Oil, Paprika Served With House Salad



PASTA & RISOTTO

- **LASAGNA VEGETARIANA** ₹599
Vegetable Lasagna With Mix Vegetable And Mozzarella Cheese
- **SPAGHETTI AGLIO OLIO** ₹599
Chilli Garlic Spaghetti Tossed In Olive Oil, Parmesan Cheese And Baby Basil
- **VEG PASTA ALFREDO /ARRABBIATA /MIX SAUCE** ₹599
Choose your Pasta & Sauce
- **CHICKEN PASTA ALFREDO /ARRABBIATA /MIX SAUCE** ₹649
Choose your Pasta & Sauce
- **CHICKEN LASAGNA** ₹649
Lasagna With Fresh Mozzarella Cheese & Chicken

OUR OWN INDIAN



- **VEGETABLE TAKA TAK** ₹449
Assorted Vegetable Tossed In Spicy Kadhi Masala Gravy
- **MAKHMALI KOFTA** ₹499
Kofta Cooked In Rich Smooth Gravy
- **PANEER MAKHANI** ₹549
Cottage Cheese In Traditional Makhani Gravy
- **PANEER LABABDAR** ₹549
Cottage Cheese In Traditional Gravy of Chopped Onions, Tomatoes, Coriander and Indian Spices
- **DAL MAKHANI** **CHEF'S SPECIAL** ₹499
All Time Favourite!
- **DAL TADKA** ₹449
Yellow Dal Cooked With Chopped Garlic, Onion, Tomatoes, Coriander And Indian Spices
- **BUTTER CHICKEN** ₹599
Boneless Chicken Cooked In Chef's Special Gravy
- **CHICKEN CURRY** ₹599
Chicken With Bone Cooked In Chef's Special Gravy
- **RARA GOSHT** ₹649
Minced Mutton Cooked To Perfection In Rich Brown Gravy With Chopped Onion, Tomatoes, Coriander & Spices
- **LAAL MAAS** **SPICY** ₹649
Spicy Rajasthani Mutton Curry
- **MUTTON CURRY** ₹649
Mutton Cooked To Perfection In Rich Brown Gravy With Chopped Onion, Tomatoes, Coriander & Spices

INDIAN BREAD



- **TANDOORI ROTI** ₹99
- **ROOMALI ROTI** ₹99
- **PLAIN NAAN** ₹119
- **LACCHA PARATHA** ₹129
- **BUTTER NAAN** ₹129
- **GARLIC NAAN** ₹149



BIRYANI AND RICE

- **CHICKEN DUM BIRYANI** ₹679
Chicken Blended With Spices & Cooked Along With Rice. Left On A Slow Fire (Dum) Allowing The Spices & Herbs To Fully Infuse A Fragrant And Aromatic Flavour.
- **VEG DUM BIRYANI** ₹599
Rice Cooked With Spiced Vegetables & Flavoured With Mint & Saffron
- **JEERA RICE** ₹279
- **STEAMED RICE** ₹229



ROLLS

- **PANEER ROLL** ₹479
- **CHICKEN TIKKA ROLL** ₹599
- **MUTTON SEEKH ROLL** ₹629

SOUP

- | | VEG | CHICKEN |
|--|------|---------|
| • SWEET CORN / MANCHOW / HOT N SOUR | ₹349 | ₹449 |
- Choose Your Soup From The Above



DESSERTS

- **ICE CREAM** ₹349
Vanilla/Pan/Belgium Chocolate/Rose Petals
- **BROWNIE WITH ICE CREAM** ₹429
Served With Vanilla Ice Cream
- **GULAB JAMUN CHEESE CAKE** **CHEF'S SPECIAL** ₹549

RICE/NOODLES



HAKKA NOODLES

Indian-Chinese Style Noodles Made With Unleavened Refined Wheat Flour

- **VEG** ₹399
- **CHICKEN** ₹449

SCHEZWAN GARLIC NOODLES

Indian-Chinese Style Noodles Made With Unleavened Refined Wheat Flour

- **VEG** ₹399
- **CHICKEN** ₹449

FRIED RICE

Fried Rice Is An Asian Dish Made By Stir Frying Cooked Rice In A Wok

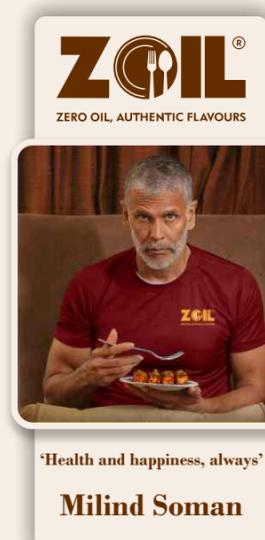
- **VEG** ₹399
- **CHICKEN** ₹449

Looking for a Healthy, Guilt Free Dining Experience?

Dive into the ZOIL Menu - Zero-Oil Dishes Burst in with Flavour. Ask our team for more info.

Also available online; visit www.zoilkitchen.com. Use code **REFLEX20** and save a flat 20% Free Delivery. No Packaging Charges. Authentic Taste, Endorsed by Milind Soman.

Follow : [@zoilkitchen](https://www.instagram.com/zoilkitchen)



'Health and happiness, always'

Milind Soman

A 10% Staff Contribution Is Automatically Added To Your Bill To Ensure Fair Compensation For All Our Dedicated Restaurant Staff. This Allows Us To Provide Exceptional Service And Maintain A Harmonious Work Environment. We Appreciate Your Support And Understanding. *All Government Taxes Are Applicable.